



“FSY” TSX

Shares Outstanding: 47,379,700

FORSYS DISCOVERS NEW HIGH GRADE URANIUM ZONE

December 14, 2006, Toronto, Ontario: Forsys Metals Corp. (*“Forsys” or the “Company”*) is pleased to announce the discovery of outcropping high grade uranium-bearing alaskite granite approximately 1500 metres north of the Valencia Main Zone, on the Company’s Valencia Uranium Property, located in west central Namibia, Africa.

The new “Joly Zone”, named after the discoverer, is comprised of an approximately 1000 m x 25 m wide dyke. This zone was mapped radiometrically as part of the full coverage survey of the Company’s Uranium Mineral Deposit Retention Licence (the “Licence”). A suite of geophysical surveys were carried out over the Licence to aid the Company with its mine planning model for the Valencia Main Zone. The radiometric survey was followed up by prospecting, resulting in the collection of 19 grab samples over the new zone. There is no evidence of any previous exploration or drilling on this zone.

Table 1: Analytical Results of Grab Sampling, Joly Zone – Valencia Property

Sample	U3O8 kg/t	Description
HZ01	5.146	pink granite with high biotite, uranium staining, large outcrop
HZ02	0.549	as above with assimilated schist
HZ03	0.069	granite veins with large biotite flakes
HZ04	0.975	pink granite with high biotite
HZ05	2.179	pink granite with high biotite
HZ06	5.705	rust red granite
HZ07	0.725	rust red granite pegmatite
HZ08	0.167	rust red granite pegmatite
HZ09	3.040	rust red granite pegmatite dyke, 10m wide exposure
HZ10	0.747	white pegmatite granite with large biotite flakes
HZ11	0.298	as above
HZ12	0.733	quartz rich granite vein
HZ13	0.960	coarse grained pink granite
HZ14	4.229	very coarse grained granite
HZ15	0.698	quartz rich granite vein
HZ16	0.090	red pink coarse grained granite with high biotite content
HZ17	0.341	outcrop with secondary uranium, rust red with biotite
HZ18	0.097	rust red coarse grained granite with high biotite content
HZ19	0.025	assimilated schist with foliated granite, better cps in the mafic horizons

Management of the Company is very encouraged with the results of the 19 “grab” samples. Follow up exploration work will begin in mid-January, 2007, on this new zone. The work will comprise geological mapping, additional sampling and drill road construction to facilitate a diamond drilling program expected to start in late-February, 2007.

Analytical results are reported to Forsys by Set Point Laboratories, located in Johannesburg, South Africa. Set Point was unconditionally accredited by the South African National Accreditation System (SANAS) for the uranium pressed pellet technique (M053) on May 4, 2006. Forsys is also managing an intensive quality control program designed to monitor and independently verify the laboratory results.

Rick Bonner, P. Geol., Exploration Manager of Forsys, is the designated Qualified Person responsible for all of Forsys' exploration programs as well as the person responsible for the contents of this news release.

For further information, please contact Duane Parnham, Chairman and CEO of Forsys at 416-601-1286 in Toronto or Mr. Rick Bonner, P. Geol., Exploration Manager of Westport Resources Namibian (Pty) Limited at wrm@forsysmetals.com.