



“FSY” TSX “F2T” Frankfurt “FSY” NSX

Shares Outstanding: 78,935,231

FORSYS UPDATE ON AMENDMENTS TO PLAN OF ARRANGEMENT

FOR IMMEDIATE RELEASE: MARCH 31, 2009

Forsys Metals Corp (“Forsys”) confirmed today that it is still in discussions with George Forrest International Afrique S.P.R.L. (“GFI”) concerning an extension and other amendments to the arrangement agreement entered into between the parties on November 14, 2008 (and as amended on January 28, 2009). A further update will be provided as developments warrant but whether or not such discussions will ultimately lead to the execution of a definitive second amendment agreement cannot be assured by Forsys.

On Behalf of the Board of Directors
of Forsys Metals Corp

Duane Parnham
President and CEO

For further information visit our website at www.forsysmetals.com
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(09-08)

Forward-Looking Information

This news release contains projections and forward looking information that involve various risks and uncertainties regarding future events. Such forward looking information can include without limitation statements based on current expectations involving a number of risks and uncertainties and are not guarantees of future performance of the Corporation. These risks and uncertainties could cause actual results and the Corporation's plans and objectives to differ materially from those expressed in the forward looking information. Actual results and future events could differ materially from anticipated in such information. These and all subsequent written and oral forward looking information are based on estimates and opinions of management on the dates they are made and expressed qualified in their entirety by this notice. The Corporation assumes no obligation to update forward looking information should circumstances or management's estimates or opinions change.

The Toronto Stock Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.