



"FSY" TSX

Shares Outstanding: 53,346,755

SENIOR MANAGEMENT APPOINTMENTS FOR THE VALENCIA URANIUM PROJECT

January 29, 2007, Toronto, Ontario: Forsys Metals Corp. (*"Forsys" or the "Company"*) is pleased to announce the appointment of Mr. Dag Kullmann to the position of Manager, Engineering and Dr. Lima Maartens to the position of Environmental Manager. Mr. Kullmann and Dr. Maartens are based in Windhoek, Namibia.

Mr. Kullmann is a Mining Engineer (*M.Sc. from the University of Alberta, Canada*) with 18 years of experience in the precious, base metals, diamonds and coal mining industry throughout Africa and within Central Asia and Eastern Europe.

Mr. Kullmann joined the Company's wholly owned subsidiary, Westport Resources, from Snowden Mining Industry Consultants (*"Snowden"*) in Johannesburg where he managed Snowden's South African mining engineering division. Mr. Kullman's mining and geotechnical consulting experience includes mine design, equipment selection, labour and training requirements and project financial modelling. His project management experience includes the completion of several feasibility and pre-feasibility studies for coal, iron ore and base metals projects. Mr. Kullmann has acted as a competent person for several large and small mining companies for the completion of reserve reporting and listing documentation for the JSE, AIM, ASX and TSX.

Prior to joining Snowden in 1999, Mr. Kullmann worked in the South African gold and platinum mining industries with four years experience with Anglo American Corporation and seven years with the Council for Scientific and Industrial Research's Division of Mining Technology.

Mr. Kullmann will be heading the Company's completion of the pre-feasibility and feasibility studies for the Valencia Uranium Project.

Dr. Maartens is an Environmental Scientist (*Ph.D. from the Rhodes University, South Africa*) with 13 years of experience primarily in the marine environment in southern Africa.

Dr. Maartens joined Westport Resources from De Beers Marine Namibia where she was employed as a Senior Environmental Scientist. Dr. Maartens' management experience during her tenure as the Environmental Coordinator for the De Beers Marine Namibia and Namdeb Diamond Corporation's Marine Dredging Project includes research and monitoring components of ISO 14001 Environmental Management System. Dr. Maartens was also integrally involved in De Beers Marine Namibia's Environmental Stakeholder Engagement Process.

Dr. Maartens will be responsible for the Company's environmental aspects related to the Valencia Uranium Project as well as the Company's additional exploration projects.

Forsys Metals Corp. announces that it has granted an aggregate of 110,000 stock options to the in connection to these appointments subject to regulatory approval. Each option entitles the holder thereof to acquire one (1) common share of the Company at an exercise price of \$5.69 per common share prior to the close of business on January 02, 2012.

For further information, please contact Duane Parnham, Chairman of Forsys at +1-416-601-1286 in Toronto or Mr. Rick Bonner, P. Geol., Exploration Manager of Westport Resources Namibian (Pty) Limited at wrm@forsysmetals.com.