



“FSY” TSX “F2T” Frankfurt “FSY” NSX

Shares Outstanding: 77,085,231

FORSYS APPOINTS VALENCIA GENERAL MANAGER

FOR IMMEDIATE RELEASE: JULY 28, 2008

Forsys Metals Corp (“Forsys” or the “Company”) is pleased to announce the appointment of Mr. Jimmie Wilde as General Manager of Valencia Uranium (Pty) Ltd (“VUL”), a Namibian based wholly-owned subsidiary of Forsys. In this capacity, Mr. Wilde will be based in Namibia and will be responsible for overseeing all aspects of the development of the Valencia Uranium Mine (“Valencia”). This appointment is effective the 1st day of August 2008. Mr. Wilde brings 32 years of mining experience to the position and has been directly responsible for bringing several new operations into production in Africa, Asia, Middle East and the Far East. During Mr. Wilde’s career, he has held senior management positions with Rio Tinto (Zimbabwe), Harmony Gold Mining Company (South Africa), Falcon Gold (Zimbabwe), Oryx Natural Resources (DRC) and Gemfields Holdings (Zambia). Most recently, Mr. Wilde held the position of Senior Vice President – Mining Operations with Tsar Emerald Corporation based in Russia.

Duane Parnham, President and CEO of Forsys stated “Jimmie is an outstanding addition to the Forsys team and we’re delighted to have him lead the development of Valencia. His extensive mine building experience and familiarity with Africa, as well as his proven leadership and management qualities will prove invaluable to maintaining our target of achieving project completion early in 2010 and becoming a substantial uranium producer.”

On Behalf of the Board of Directors
of Forsys Metals Corp.

Duane Parnham
President and CEO

For further information visit our web site at www.forsysmetals.com
Sedar Profile #00008536

CONTACT INFO:

Bruce Hall, Chief Communications Officer
Telephone: (905) 844 4646
Email: bhall@forsysmetals.com

In Namibia
Telephone: +264 61 219 462
Email: wrn@forsysmetals.com

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The Toronto Stock Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.